

# Shottisham Village Newsletter

## From The Church

Dear Friends

2016 is now well under way and perhaps the New Year – and with it our New Year resolutions – is a distant memory. The opportunity to make a fresh start, though, to turn over a new leaf, is always with us. It might be in a very small way – a minor change to our routine or clearing out a cupboard – or something much bigger – a new career or home.

We tend to think of Lent, which begins with Ash Wednesday, this year on 10<sup>th</sup> February as a time of ‘giving things up’ but it is also a time to think about new beginnings. The origins of the Christian observance of Lent lie in the early church’s preparation of new Christians for baptism at Easter. As those preparing for baptism underwent a time of penance (fasting, self-examination and reflection) and preparation (teaching and bible study) it became a time of penance and preparation for the whole congregation. Only one meal was taken a day, near the evening. There was to be no meat, fish, or animal products eaten. Easter is still a traditional time for baptism and a renewal of baptism vows is part of our Easter Sunday service. Do get in touch if you feel you might be interested in the new beginning of baptism (christening) for yourself or your children.

Many Christian traditions are recovering the practice of fasting both during the Lenten period and as a process of deepening spiritual discernment. There is a strong history of fasting within all branches of Christianity as well as other faith traditions.

Fasting doesn’t necessarily mean going without food altogether but more usually cutting down, perhaps avoiding alcohol, rich foods, red meat. Fasting can be good for the body as well as the soul! It also helps us think about:

- Solidarity with those who cannot afford much food every day e.g. people who have to rely on food banks, mums on low incomes who don’t eat at all so that they can give their children something to eat, children coming home to find nothing in the house to eat.
- Saying “no” to what we are allowed is a discipline which can help us to say “no” to the behaviours we should not allow ourselves.

Come and join us for a frugal meal of bread and soup on Ash Wednesday or any Saturday in Lent. Wishing you every blessing. Ruth Hatchett

### **Ash Wednesday**

There will be an evening service for the whole of the Wilford Peninsula at 7.30pm on 10<sup>th</sup> Feb at Iken Church. This will be a Taize communion service with silence and gentle, repetitive chants and prayers. Lifts available.

### **Lent Lunches**

Our series of Lent lunches begins at Sutton Church on Ash Wednesday 10<sup>th</sup> February at 12noon with Holy Communion followed by a light lunch of homemade soup and bread with donations going this year to the Churches Urban Fund. The series continues with a short service of midday prayer at 12 noon each Saturday :-

13<sup>th</sup> Feb at Shottisham Church, 20<sup>th</sup> Feb at Alderton Church, 27<sup>th</sup> Feb at Boyton Church

Money raised will be used to help support people struggling to put food on their tables – those who rely on food banks and people on low incomes who skip meals so that their children can eat.

### **Lent Discussion groups/Bible study**

St Felix Church, Rendlesham are hosting a series of talks for Lent on the Five Marks of Mission, with some excellent speakers. 7.30pm on Tuesday evenings.

16<sup>th</sup> Feb – TELL— Proclaim the good news of the Kingdom. Speaker: the Revd. Canon Dave Gardner, Diocesan Director of Mission

23<sup>rd</sup> Feb – TREASURE— Safeguard the integrity of Creation, and sustain and renew the life of the earth. Speaker: the Right Reverend Martin Seeley, Bishop of St. Edmundsbury & Ipswich

1<sup>st</sup> March – TEND— respond to human need by loving service. Speaker: the Revd. Canon Paul Daltry, Minister for Church and Community Engagement

8<sup>th</sup> March – TEACH— teach, baptise and nurture new believers. Speaker: the Very Revd. Keith Jones, former Dean of York

15<sup>th</sup> March – TRANSFORM— seek to transform unjust structures of society. Speaker: the Revd. Canon Clare Sanders, Woodbridge Rural Dean

All welcome to any or all sessions. No charge. Lifts available. Contact Rev’d Ruth for further details.

On Wednesdays during Lent, beginning on 17<sup>th</sup> February, there is a bible study David Barnsdale Centre Prayer Room, Sutton Heath at 1.30 pm. Led by Rev’d Canon David Lowe and Padre Stuart Turner we will be following the ‘York Course’ on the Psalms.

February 2016	Shottisham	Sutton
7 <sup>th</sup> February, Sunday next before Lent	6.30, Shottisham, Evensong, Malcolm Knapp	9.30, Sutton, Holy Communion, Revd Canon Pauline Stentiford
Wed 10 <sup>th</sup> February		12.00, Sutton, Holy Communion, Revd Ruth
14 <sup>th</sup> February, First Sunday of Lent	11.00, Shottisham, Holy Communion (BCP), Revd Ruth	6.30, Sutton, Evensong, Revd Michael
21 <sup>st</sup> February, Second Sunday of Lent		11.00, Sutton, Holy Communion, Revd Michael
28 <sup>th</sup> February, Third Sunday of Lent	9.30, Shottisham, Family Communion, Revd Michael	

## The Sorrel Horse

### **February 8th : Magical Folk Night with The Bards of the Heath**

The Legendary John Goodluck of Trunkles fame will be playing with his band Bards of the Heath. We can promise you a magical and mysterious evening, with their musical blend of inspirational music, magic chants and pathos, so come early. A recent review of their new CD Moonpathways reads "I was transported. Not only could I hear the magic, I could feel it, experience it and even taste it!"

### **February 22nd : Jazz with Joy Spring**

The welcome return of the classic jazz band, Joy Spring, who, this time, will give us a whole evening of well known jazz music by such composers as Gershwin, Cole Porter, Clifford Brown, etc. The quartet play piano, saxophone, bass, and percussion. A really relaxing evening is in store.

Hope to see you there. Why not come early and enjoy a meal?

## Shottisham Parish Council

At the January meeting of the Parish Council we were pleased to receive a report from David Kemp of the Environment Agency and

Karen Thomas of the Internal Drainage Board. They have been assessing the status of the river wall that protects Shottisham and the area known as Flood Cell 4. Their work demonstrates that this part of the wall is generally in good shape, and at the southern end it satisfies the requirement for protection from a 1 in 75 event. The northern end is slightly low in places and may be over-topped, but even so Flood cell 4 would not be affected. Some remedial work may be done on that part of the wall to protect farmland on the Quilter estate. These findings mean that landowners no longer need to raise funds for work on the river wall.

At the same meeting Councillors considered the budget for 2016/17. In order to meet this budget, and ensure that we maintain the statutory level of reserves, we have raised the precept to £4250. This will allow us to fund the agreed improvements to signage at Ford Hill, and repair fencing around the playing field. We are also hoping to set up a Speedwatch scheme, and will need to make a contribution towards the cost of a speed gun.

Since the meeting, Kevin and I met with Sgt. Scott Cullum from the Safer Neighbourhood Team. We have identified a number of potential sites that will allow us to monitor traffic speed. These will have to be approved by the Roads Policing Team, and at least three people need to be trained to use the speed gun. There will be no charge for this training. If you would like to participate in this initiative please contact Kevin or me. We continue to seek an arrangement with other parishes to share the cost of a speed gun.

**Vacancy for Councillors** - I am sorry to report that Mark Nichols has tendered his resignation from his role as Councillor. I thank him for the contribution he has made and am pleased to report that he has indicated that he will still help out with practical jobs for the Council. This means that we have another vacancy and a by-election will be called if ten electors make a request to the returning Officer by 11th February. If no request is received then we will be free to co-opt up to two Councillors.

**Vacancy for Clerk** - We are pleased to have the services of Jenny Webb as our Acting Clerk. Jenny is happy to continue for the time being, but in the longer term would like to focus on her permanent role in Bawdsey. If you, or somebody you know, would be willing to take on this role please contact Jenny (**01394 410198**), [shottishampc.clerk@gmail.com](mailto:shottishampc.clerk@gmail.com) to find out more about what is involved.

Mike Hazelwood

### **Shottisham WI Trust Hall**

The next meeting will be on Wednesday, February 10th. After the WI meeting Sue Taylor is holding a Decoupage Workshop at 1.30pm which everyone is invited to. You will need to bring old gardening catalogues, magazines and cardboard containers such as bistro gravy and drinking chocolate etc. Any queries please phone Kim 411538 or Jayne 411169

### **Shottisham Local History Recorder**

Some of you may be wondering what has happened to the photography project in the village. Events overtook me in the late summer and autumn and I was unable to take photographs of the houses in the best of the weather. I have therefore decided to postpone the project until the Spring, when the village will be looking so much better. So – look out for me wandering about with a camera some time in April, probably. If anyone has changed their mind about having their house photographed, please let me know before then.

Diana Bickerton - Local History Recorder

### **SUTTON, HOLLESLEY AND BAWDSEY DATES FOR YOUR DIARY**

9.2.16	Pancake Party - Talk by vet Brian Faulkner - Shottisham Trust Hall - 6pm - tickets £5 from Pat 411470 or Shirley 411251
13.2.16	Bawdsey Annual Jumble Sale 2-4pm at the Village Hall. Refreshments available. In aid of Church & Village Hall Funds
20.2.16	English Afternoon Tea at Alderton Village Hall 2pm Admission by Ticket only (which are limited) £8.50 includes Tea and entry into a draw for "Basket of Fruit". For tickets please call Bev Lambert on 07867335916. Fund raising for "Over the Rainbow Childrens Charity"
21.2.16	"Out of the Case", Sutton Hoo, 1.30pm to 2.30pm
26.2.16	Knit-in at the Anchorage, Broomswell 2-4pm
27.2.16	Bawdsey Haven Yacht Club Winter Talk by Robin Whittle on "Sailing on the Norwegian Fjord" 7.30pm Bawdsey Village Hall. Refreshments available. Admission £2 Adult, under 18's 50p.

"HABSS" - We are lucky in the Wilford Peninsula to have an excellent emergency medical response team "HABSS". Just before Christmas one of the responders attended a lady in Bawdsey and did so much to help before the Paramedics arrived. The lady now recovered praises the Responders and would like to thank the Responder and all those who helped raise funds for the emergency equipment used. Bev Lambert - Hollesley Coffee Mornings, Parish Councils and many other Charitable Donations.

John and Ann White Ran the Felixstowe Ferry and Served Mulled Wine, Teas, Coffees & Mince Pies at Bawdsey Quay. They raised £1140 for the Felixstowe Volunteer Coastal Patrol. The annual swim also took place and raised £146 for Sunrise Childrens Charity at Ipswich Hospital.

### **Regular Village Services**

**Community Car Service for Doctor/Hospital appointments Woodbridge and Ipswich** – Part Funded by Suffolk County Council.

Cost Woodbridge £5 / Ipswich £10. Colin Beecroft Tel 411794

**Mobile Grocer** – every Thurs 10.30 - 10.45am to Heath Drive and 10.50 – 11.15am at the Knoll. For more information Tel Sonya 07810370314

**Mobile Library** – Tues Jan 12<sup>th</sup> at the Knoll from 3pm – 3.20pm.

**Wilford Link Bus** can be contacted on 0845 6041802 or [www.suffolkonboard.com](http://www.suffolkonboard.com)

**Would you like to be able to buy your fresh fish weekly?** Cath from Lowestoft visits the village weekly on a Tuesday (except Bank Holiday weeks). To place an order or arrange a delivery contact Cath on Tel 01502 530965 Mobile 07971 970836