

Shottisham Village Newsletter

FROM THE CHURCH

Dear Friends

In these dark days of January, it's no wonder we long for light. Even though we know the days are getting longer, it often doesn't feel like it. Humans have, for many thousands of years, found ways of providing illumination and warmth during the hours of darkness. Once we discovered how to harness and store electricity, the possibilities for artificial light became almost endless. It seems we have almost come full circle as we are more aware these days that many of the natural resources that give us light and heat are not limitless. We tend to be more careful with how we use energy – switching off unnecessary lights, using more efficient bulbs and so on. 'Light pollution' – preventing us see all the glories of the night sky – can be a concern.

At Messy Church recently, children and adults together thought about light and its importance to us; how light can help us see the way (headlamps, torch), keep us safe (lighthouse, street lamps) and show us the full picture (camera flash). We thought about how cheering sparkly things that reflect light are and how we might shine as lights in the world.

This was our first venture into more 'extreme' craft activities and making lanterns out of tin cans using hammer and nails provided very popular! Messy Church will be held monthly in future with the next session on 16th January in Hollesley Church. Children of all ages (including babies) are welcome with one or more parents/adult carers.

Light and darkness are things we don't just experience physically but mentally and spiritually as well. Dark days affect us all but for some not even bright lights and sunshine will make a difference. In January, Christians recall how wise men followed a bright star and found that God had come to earth as the baby Jesus to be a light to 'lighten' all the peoples of the world; a light no darkness could extinguish. May the good news of God's love lighten your path throughout the coming year.

Ruth Hatchett

January 2016	SHOTTISHAM	SUTTON
Sunday January 3 rd Epiphany	6.30pm Evensong Rvd Ruth Hatchett	9.30am Communion Revd Michael
Sunday January 10 th Baptism of Christ	11.00am Holy Communion (BCP) Revd Michael	6.30pm Evensong Rvd Ruth Hatchett
Sunday January 17 th 2 nd Sunday of Epiphany		11.00am Christingle Revd Ruth Hatchett
Sunday January 24 th 3 rd Sunday of Epiphany / Week of Prayer for Christian Unity	9.30am Christingle Communion Revd Ruth Hatchett	
Sunday January 31 st Presentation of Christ in the Temple (Candlemas)	11.00am Deben Churches United Service at Shottisham Revd Ruth / Michael	

Each Wednesday at Noon at Sutton – a quiet reflective service of Holy Communion

MANY THANKS to all who helped with carols round the village, the singers, the Widdups and Nichols who provided refreshments, and the generous people of Shottisham whose donations helped to raise a record £216 for Church of England children's homes.

Also to Josie and the children who did the Nativity at the carol service and the choir and readers and solo singers who helped to make it such a special service and Stuart for arranging the Sandlings school Angel display of light outside and cards inside and of course the refreshment providers!

Micky McBurnie

SHOTTISHAM PARISH COUNCIL

HAVE YOUR SAY ON THE DEBEN PENINSULA Coastal Community Teams (CCTs) are a Government initiative across England intended to encourage a greater local partnership in coastal areas. The Deben peninsula CCT is currently working with local businesses and residents to support the development of local solutions for economic issues facing our communities. We are focusing on projects that will enhance economic opportunities for local businesses, help create jobs, further develop heritage and tourist attractions, all in partnership with the community. We will produce an economic plan by the end of January informing the Government of the main priorities for the area and looking to secure future investment in priority projects over the next few years. To find out what matters to you we have arranged local drop-in sessions where you can meet one of the team, ask any questions you have and, most importantly, tell us your views. These sessions will be on:

Thursday Jan 7th Alderton Post Office 10.30am – 12.00pm, Hollesley Shop 1.00pm – 2.30pm

Friday Jan 8th The Sorrel Horse, Shottisham 10.30am – 12.00pm, The Plough Inn, Sutton 1.00pm – 2.30pm

Saturday Jan 16th The Trust Hall, Shottisham 11.00am – 1.00pm

MEETINGS are usually held on the 2nd Tuesday of alternate months in the Trust Hall. If you would like an email or hard copy of the minutes of the last meeting please contact the Parish Clerk shottishampc.clerk@gmail.com. The next Parish Council Meeting is **Tues 12th Jan at 7.30pm** in the Trust Hall. All welcome. The Agenda will be put up on the Parish Council notice board at least three days before the meeting or can be viewed on the Shottisham website www.shottisham.onesuffolk.net which has recently been revived.

Mike Hazelwood, Chairman

SHOTTISHAM WI TRUST HALL

The Parish Council funded the repairs to the dormer window which have now been completed. Andrew Block has kindly repaired and painted the window frames and Nick Rose has given friendly advice concerning future improvements. Robin Pendle, David Backhouse, Joe Buswell, Ivan Clark and Mo Maltster have all worked hard to improve the surrounds. The WI committee would like to thank everybody.

Shottisham WI - meet at the Trust Hall at 2.00pm on the second Wednesday of the month. Anyone interested in becoming a member please contact Terrie on 410134. The next meeting will be on **Wed, Jan 13th** and will start at 1.30pm when Amanda Aufaunast is holding a Proddy Rag Rug-Making Workshop to which everyone is invited. You will need to bring £2.50 for the hessian and a sharpened peg, some stretchy material such as an old sweatshirt or jumper, a pair of scissors and a marker pen. Any queries please phone Kim 411538 or Jayne 411169

The programme for 2016 is now available or please look at sefwiorq.uk/institutes/shottisham.

Craft Group has finished for the year but will start again in March 2016.

Trust Hall hire please contact Terrie on 410134 *Shottisham WI Committee*

THE SORREL HORSE

Sorrel Horse Music

Mon Jan 11th : Folk and blues with Honey and the Bear

Two well known Suffolk songwriters Jon Hart and Lucy Samson teamed up about two years ago to form *Honey and the Bear*. Their softly interweaving vocal harmonies and foot stomping rhythms combine elements of Folk, Americana, Country, Blues and whatever else takes their fancy. They perform a mix of well known songs and their own excellent compositions, coupled with a lively and friendly approach to their audience.

Mon Jan 25th : Jazz with Carpe Diem

Carpe Diem are a 5 piece band playing easy listening jazz with Veronica Lee on vocals. There are some familiar faces in this excellent band, (so come along and see for yourself!) playing a great blend of jazz, blues, and ballads, all designed to give you a great night of entertainment.

Both evenings start at 8.30pm. Hope to see you there. *Chris Harvey*

SUTTON, HOLLESLEY AND BAWDSEY DATES FOR YOUR DIARY

Fri Jan 1 st New Year's Day	Bawdsey/Felixstowe Ferry for Charity - 10am to 3pm. Mulled Wine hot drinks at Hut on Quay funds for Charity. Bawdsey Boathouse Cafe open 11am to 4pm
Thurs Jan 21 st	Bawdsey Jazz Group - Bawdsey Village Hall - 7.30pm
Sat Jan 23 rd	Community Coffee Morning - Hollesley Village Hall - 9.30am to noon
Sat Jan 23 rd	"The Time Crashers at Ramsholt" - talk by Robert Simper at Bawdsey Village Hall - 7.30pm. Adults £2/under 18's 50p. Refreshments available
Fri Jan 29 th	Knit In and Natter at The Anchorage, Bromeswell - 2 to 4pm

Bawdsey Quay Boathouse Café now closed until March. No ferry

Suffolk Punch Trust closed until March

Regular Village Services

Community Car Service for Doctor/Hospital appointments Woodbridge and Ipswich. Part Funded by Suffolk County Council.

Cost Woodbridge £5 / Ipswich £10. Colin Beecroft Tel 411794

Mobile Grocer – every Thurs 10.30 - 10.45am to Heath Drive and 10.50 – 11.15am at the Knoll For more information Tel Sonya 07810370314

Mobile Library – Tues Jan 12th at the Knoll from 3pm – 3.20pm.

Wilford Link Bus can be contacted on 0845 6041802 or www.suffolkonboard.com

Would you like to be able to buy your fresh fish weekly? Cath from Lowestoft visits the village weekly on a Tuesday (except Bank Holiday weeks). To place an order or arrange a delivery contact Cath on Tel 01502 530965 Mobile 07971 970836

Save time and money: Buy your heating oil through a community bulk buying scheme

Community Action Suffolk (CAS) can save domestic households an average yearly saving of £74 on heating oil, and higher volume users such as community groups and rural businesses, an average yearly saving of £181. The heating oil is purchased in bulk twice a month (once in December) and deliveries are planned to provide an environmental benefit, with one tanker making a single trip to several customers in a village on the same day. Individual orders can also be made if a bulk deadline is missed. The scheme provides a hassle free process and membership is open to all, starting at just £20 per year with the option to place orders online, by email, by post or by phone. Visit www.communitybuying.org.uk or call **01473 345400**.

Courses for Family Carers, Find out more for free!

Suffolk Family Carers is a Suffolk wide organisation which aims to offer support and information to anyone caring for a friend, family member or neighbour with any kind of illness, disability or frailty. If you offer support, help or encouragement to a friend or family member who is unwell then you are a Family Carer and are able to access our free Caring With Confidence courses. These courses provide information and tips on ways to confidently care for your friend or loved one. A variety of topics are covered such as effective communication to get your needs met, ways to manage your emotions and take better care of yourself, balancing caring with other commitments you may have, and looking at day to day challenges. We also have a wealth of resources which may help with a variety of issues and concerns you face within your caring role. If you care for someone with Dementia you could also access our Caring for Dementia with Confidence course which is specifically designed for those caring for someone with Dementia or memory loss. These sessions are not only a great way to gain useful information but also give you the opportunity to meet others in a similar situation. Family Carers who have attended the sessions have said they have found it useful for a variety of reasons such as "feeling that I am not alone", gaining "friendship and knowledge" and knowing "that there is help out there". These sessions run regularly so to find out more about either Caring with Confidence or Caring for Dementia with Confidence please contact us on 01473 835446 or cwc@suffolkfamilycarers.org

Wishing all our readers a Happy and Peaceful New Year

For further information about any church related items please contact Revd. Ruth Hatchett 412052 or email ruth_hatchett@yahoo.co.uk

For future contributions to the Shottisham newsletter please contact Diana Bouscarle 411215 or diana@bouscarle.co.uk by 20th of previous month