



Shottisham Village Newsletter

Dear friends

When we were first married, we lived with Michael's grandmother. I can remember that she always liked to know that there was bread in the house. If there was bread, we and any visitors could be fed. It didn't matter how many biscuits or any other food we had in stock; only bread would do. Bread – combining flour with water and cooking it - has been important throughout the ages, since the very dawn of agriculture. It is a staple food both then and now.

Bread has a social and emotional significance beyond its importance as nourishment. It plays essential roles in religious rituals and secular culture. Its prominence in daily life is reflected in language, where it appears in proverbs, colloquial expressions ("He stole the bread from my mouth"), in prayer ("Give us this day our daily bread") and in the origin of words, such as "[companion](#)" (from [Latin](#) *com* "with" + *panis* "bread") – someone with whom I share bread.

In our activities this Lent (begins 1st March) we will be sharing bread (and soup!) at our Lent lunches in aid of Suffolk Refugee Support and discussing the significance of sharing bread and wine in the Christian service of Holy Communion in our Lent groups. Details are below. I do hope you will join us.



Lent lunches



- Wed 1st March (Ash Wednesday) - Sutton (church) following midday Eucharist
- Sat 4th March - Hollesley (church) - 12 noon
- Sat 11th March - Bawdsey (village hall) - 1pm
- Sat 18th March - Alderton (church) – 12 noon
- Sat 25th March - Deben Churches Lent Lunch as part of Away Day at Rookery Barn.
- Sat 1st April - Shottisham (church) - 12 noon
- Sat 8th April - Boyton (village hall) - 12 noon

There will be two **Lent discussion groups** meeting on the peninsula this year:

Tuesdays 7.30-9pm at St Felix, Rendlesham 5 meetings beginning 7th March

Wednesdays 1.30-3pm at Sutton Heath, Prayer & Community Room 5 meetings beginning 8th March

Both will be following the Pilgrim course on the Eucharist (Holy Communion) and will be led by the team clergy.

If anyone is able to help us with **the monthly flower rota** please get in touch with Pat 411470.



March 2017	SHOTTISHAM	SUTTON	HOLLESLEY	ALDERTON
Wed 1st			Sutton Holy Communion with imposition of ashes Revd Michael	7.30pm communion service for the churches of the Wilford Peninsula Team – team clergy.
Thurs 2nd			Glebe House evensong Pat S/Mel S	
Sunday 5 th 1 st Sunday of Lent	11.00 Holy Communion Revd Michael	9.30 Sutton Heath, Family Worship Padre Stuart Turner	9.30 Sung Eucharist Revd Ruth	8.00am Holy Communion (BCP) Revd Ruth
Sunday 12 th 2 nd Sunday of Lent	6.30 Evensong Revd Michael	9.30 Morning Praise Revd Ruth	9.30 Family Communion Revd Michael 6pm Reflection & Song Readings and songs around a theme, with plenty of time for quiet reflection Di Barnard	8.00 Holy Communion (BCP) Revd Michael
Thurs 16th			10.30 Glebe House, Hollesley, Holy Communion Revd Ruth/Pat S	
Sunday 19 th 3 rd Sunday of Lent		11.00am Holy Communion (CW) Revd Ruth	9.30am Café Sundaes Judy Foulger 6.30pm Evensong Revd Ruth	8.00am Holy Communion (BCP) Revd Ruth

Women's World Day of Prayer



This is an annual service held in Christian churches all over the world on the first Friday of March. Although the service is designed by women – this year by women of the Philippines – anyone can come and find out a bit more about life and worship in a different culture; you don't have to be female! This year's service for this area is at Sutton church at 10.30am on Friday 3rd March.

Shottisham Parish Council Meetings are usually held on the 2nd Tuesday of alternate months in the Trust Hall. If you would like an email or hard copy of the minutes of the last meeting please contact the Parish Clerk shottishampc.clerk@gmail.com. The next meeting will be on March 14th 7.30pm at the Trust Hall. All welcome. The Agenda will be put up on the Parish Council notice board at least three days before the meeting or can be viewed at www.shottisham.onesuffolk.net, *Mike Hazelwood (Chair)*

Could you be a Tranquility Volunteer? Local residents and visitors greatly value the 'sense of peace and tranquility' of the Deben estuary. Following a reference to 'tranquility' in the Deben Estuary Plan, work on defining the meaning of 'tranquil' is being



made and volunteers are now needed to carry out survey work at designated places throughout the estuary. Please contact **Christine Block** tel 411660 or email christineblock@suffolkcoastal.gov.uk for further information.

CATs community bus As from 20th February Connecting Communities will no longer serve Martlesham Tesco, Martlesham Park & Ride or Campsea Ashe train station. Please find alternative bus services from Woodbridge or use Woodbridge Dial a Ride service.

Shottisham Trust Hall For Trust Hall hire please contact Terrie on 410134.

Shottisham WI meet at The Trust Hall on the second Wednesday of the month (usually at 2pm). Anyone interested in becoming a member please contact Trish on 411735. The 2017 programme is now available and can also be found at www.sefwi.org.uk/institutes/shottisham The next meeting is a talk by Rod Webb on The work of HABBS, CPR and Defibrillator demonstration on **March 8th** at 2 pm.

The Sorrel Horse.

Quizes Quizes this month are on **March 1st and 15th** starting at 8.30 pm.

Music Thank you Tin River for a marvelous evening in February enhanced by some local performers. On **Monday March 13th** at 8.30 the guests are **The Twisty Turns** with their own blend of warm country blues, country, bluegrass and American music to put the fire in your hearth and the rum in your punch! *Chris Harvey*

Regular Village Services

Community Car Service for Doctor/Hospital appointments Woodbridge and Ipswich. Part funded by Suffolk County Council. Cost Woodbridge £5 / Ipswich £10. Colin Beecroft Tel 411794

Mobile Grocer – every Thurs 10.30 - 10.45am at Heath Drive and 10.50 – 11.15am at the Knoll - tel Sonya 07810370314 for info

Mobile Library – Tuesday March 7th at the Knoll from 3.00 – 3.20pm.

CATS Link Bus can be contacted on 01728 635938

Mobile Post Office comes to Sutton Memorial Hall Car Park every Thursday between 9.00-10.30am and offers all the same facilities as a normal Post Office – use it or lose it.

Fresh fish - Cath from Lowestoft visits the village weekly on a Tuesday (except Bank Holiday weeks). To place an order or arrange a delivery contact Cath on Tel 01502 530965 Mobile 07971 970836

Local wildlife events - bird watching and nature tours can be booked with Alex Bass www.coastalleisurelearning.co.uk 01728 833171. Each tour is 10-1.00 pm £15.40. There are 5 tours in March including **Boxing Hares and Wading Birds on Friday 10th**

March at Boyton Marshes. Look out for March events organised by **Suffolk Wildlife Trust** www.suffolkwildlifetrust.org for children and adults including a work party at Sutton Heath on **5th March** from 9.30 to 2pm and birdwatching with Felixstowe wildlife group at Kyson Hill on **8th March** from 9 am to 12 noon.

25th March Bawdsey Bird Club Annual Open Meeting at Sutton Memorial Hall at 7.30pm with a talk by Jeremy Mynott on 'Wildlife of Shingle Street'. Adults £3, under 18s £1.50. Refreshments provided.

Sutton, Hollesley, Boyton and Bawdsey events in March

- 4th Death café at Sutton Hoo 5.30 – 7.30 pm. Meet in a safe, welcoming space in Tranmer House to drink tea and coffee, eat cake and talk about death and dying.
- 4th Boyton coffee morning at Boyton Village Hall from 10.30 to 12.30 pm.
- 10th Woodbridge School Swing Band at Hollesley Village Hall 7.30 pm. Free entry.
- 11th Hollesley Community Café at Hollesley Village Hall from 9.30 to 12 noon with various stalls, breakfast and bacon rolls. There is also a technology help desk for help and advice with computers, tablets and mobile phones.
- 11th Bawdsey Haven Yacht Club last winter talk at Bawdsey Village Hall – Part 2 of A History of The North West Passage by John Andrews £2 adults 50p under 18s. Refreshments available.
- 18th Spring Bazaar at Hollesley Village Hall 9.30 – 12 noon.
- 18th Coffee morning at Sutton Memorial Hall 10 am
- 19th Out of the Case at Sutton Hoo 1.30 – 2.30 pm – a close up look at some of the treasures. 01394 389714 to book.
- 19th Afterlife at Sutton Hoo from 2pm to 4.15pm – an audio artwork. £3 per person.
- 24th Knit and natter 2- 4 pm at The Anchorage Bromeswell.
- 24th Girls' Night Out – March Hares at Sutton Memorial Hall 7.30 pm. Tickets at £6 each from 01394 420398 or 411793.
- 25th Vintage afternoon tea at Snape Village Hall at 2.30pm. A 3 course tea for £9.50. Call 07867 335916 to book.
- 26th Myth and Magic Sunset Tour on Sutton Hoo burial grounds. Tickets £6 including a drink and cake. 01394 389714 to book. 6 to 7.15pm. Repeated on **Friday 31st March** 6.15 to 7.30 pm

It has been reported to Highways that there is a lot of mud on the roads caused by farm vehicles – care is needed.

Thank you to **Ian Murray** for the village sign photo.

Local cafes

Bawdsey Quay Boathouse Café open Friday, Saturday and Sunday 11.00am to 5.00pm. No Ferry service until Easter 2017.

Poppies Sutton Heath open Wed - Fri 9am - 1pm. Not open in School Holidays.

Suffolk Punch Trust open Saturdays and Sundays 10.30am – 4.00pm Closed weekdays.

Coffee Republic Warren Hill - open daily 8am to 4pm, weekends 8am to 3pm

Farewell and welcome

A fond farewell to Elly and Roger and every happiness in their move to Woolpit. Elly will be sadly missed by all of us who have enjoyed her Monday evening yoga sessions.