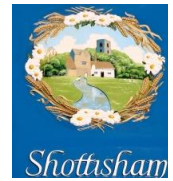




Shottisham Village Newsletter



The Anglo-Saxons called July 'Moed-monad' from the meadows being then in bloom. The water meadows are full of wild flowers, insects, birds and goats at the moment.

Dear friends

Open for Prayer

As many of you will be now aware, the UK Government has now permitted places of worship to open for private prayer. In the Orford cluster of churches we have made the decision to open our churches on Sunday each week between 10am and 4pm. The churches will then remain closed until the following Sunday which will ensure all surfaces inside the church are free of any potential Covid 19 infection, and avoids the need for a deep clean. Our aim in adopting this approach is to keep those entering our churches safe whilst at the same time not putting a burden on those volunteers who clean our churches.

For many people in our communities, and visitors, our churches represent a holy, sacred space where they can quietly sit and reflect on all that is going on in their lives and pray to God. A chance to step of the treadmill of constant activity and just be. Prayer gives us the chance to hold all that is going on in our lives before God. Sometime the mere act of waiting in the stillness and calm in church will allow a solution to any problems we are facing to come to the surface of our minds. In this precious space we are not called to do or say anything, rather to just be and wait.

No concern however small is too trivial to hold before God in pray. What may seem to others to be a small issue, might be a major concern for the person worrying about it. The Christian writer Corrie Ten Boom once wrote the following about prayer: *Any concern too small to be turned into to a prayer is too small to be made in to a burden.* I would encourage people in the weeks and months ahead to make use of the quiet and peace of our church buildings to enjoy some time with God in prayer. God Bless, *Reverend Giles*, Team Rector

PENINSULA PRACTICE Coronavirus/Covid-19 page on our website www.thepeninsulapractice.co.uk

PARISH COUNCIL NEWS There have been reported on Social Media instances of an excess of dog fouling in the village, particularly around popular walks. It will help if villagers continue to act responsibly clearing up after their dogs at all times wherever it may be, using the bins provided.

There has been another large tree down in the field adjacent to the play area. The Councillors cleared this as it is was a potential problem to children. We are considering pollarding the remaining trees to prevent further falls - this is the third tree in two years. News on the re-opening of play areas is expected soon and work continues to ensure we are ready for this.

There was an unofficial Litter Pick and Sign Cleaning on Saturday 20th June by Councillors and their spouses, hopefully next time we can have a proper one involving villagers. The next PC meeting will be on **14th July** via Zoom, all are welcome. Any matters to be addressed please approach one of the councillors or e-mail the clerk at shottishampc.clerk@gmail.com *Ray Kay (Chairman)*

Keeping our village and environs clean and tidy

A big 'thank you' to everyone who picks up litter, cleans road signs outside their property, tidies up fallen trees and keeps our local footpaths mown and trimmed back. The village looks great! Special thanks to Dan and Sabine who have come back from the river wall at low tide on several occasions carrying a full black bin liner of rubbish washed up on the river edge.

Billy the Fish is coming to Shottisham every Wednesday morning with a great variety of fresh, refrigerated fish. He is usually at the knoll by the pub at 10.30 am, but it is worth getting there a bit sooner.

THE BLUE RABBIT CAFE The Blue Rabbit Café is opening again on **Saturday 4th July** for home-grown, home-made breakfasts, brunches and cakes. We will be open **8.30-11.30am Saturday and Sundays (and Fridays in school holidays)**. All our meat, eggs, vegetables and fruit are grown here – farm eating at its best. We are an outside café and all tables are spaced far apart which we think will provide a safer environment for people visiting the cafe. Our menus are on blackboards (and also on our website www.bluerabbit.com). Please decide what you want to order before approaching the food truck and queue at a safe distance. Payment by contactless card is preferred. Hand sanitizer is available. The cake kitchen and food truck are always extremely clean and we have a 5* hygiene rating.

Claire will still be making and selling cakes and you can reserve your cake by messaging her or emailing on bluerabbitcafe@icloud.com - collection time for cakes will be Saturdays 8.30-11.30am from 4th July onwards from the cafe.

Home-reared rare-breed meat can be ordered and collected Fri/Sat evenings between 6-7pm from the café – I will also be selling eggs, jam, honey and vegetables at these times through the rest of the season.

If who would like to join the **village WhatsApp group** please send your mobile number to diana@bouscarle.co.uk and send your email address to nicky.rosecott@gmail.com for health updates, general local information and the newsletter.

GRUMPY'S (DEREK HEWITT'S) 90th

Despite Coronavirus restrictions still in place we were able, as a village, to celebrate Derek's (Grumpy's) 90th birthday with him, Janet and his family on Sunday June 14th. Thankfully it was a beautifully sunny day and (thanks to Gary and Leila) we were able to gather, respecting the current 2m distancing, on the pygltle of the Sorrel Horse.

There were many people who contributed in making it a memorable day and thanks to all of those. Many congratulations to Derek; his birthday came at a time when the village were ready to reunite, and it was wonderful to see both the older generation and the very youngest celebrating together.

THANK YOU FROM DEREK



It was a great surprise to me when I arrived at the Pygltle to find most of the village waiting to greet me for my 90th birthday. I could not believe it.

It was a wonderful day, long to be remembered.

I would like to thank the organisers, but will not mention names in case I miss someone out. However, this gathering could not have taken place without Gary and Leila who very kindly provided the liquid refreshments.



Thank you to Norman, our Chef, and Kirsteen and Niamh who made wonderful cakes; there were more vegetables on top of the Allotment Cake than on my plot!

It was so good of you all to give up your Sunday on my behalf, but more importantly for the village getting together at The Sorrel Horse.

As the famous song says "We'll Meet Again", hopefully in the not too distant future.

Derek (not so Grumpy now)



THE SORREL HORSE IN JULY <https://thesorrelhorse.co.uk/>

Firstly we shall officially reopen the Sorrel Horse outside spaces on Sunday 5th July with a guest chef named BBQ Ben. Quite a famous BBQ chef so we are delighted to have him on board for the day. Our flyer is duly enclosed for circulation.

Visiting the Pub and Community Shop Revised Pub opening times effective **Monday 6th July****Pub Opening Hours**

Monday:	Closed
Tuesday:	Bar only 1200-1500 and 1800-2100
Wednesday	Bar only 1200-1500 and 1800 – 2100
Thursday	Bar 1200-1500 and 1800 - 2100
Wood-fired Pizza Takeaway	1730-2000
Friday	Bar 1200-2200
Wood-fired Pizza Takeaway	1730-2000
Saturday	Bar 1200-2200
Food service	1200-2000
Bar Menu Takeaway	12 – 2000
Sunday	Bar 1200-2000
Food service:	1200-1800
Bar Menu Takeaway	12 – 2000

Village Farm Shop & Deli Opening Hours

Tuesday to Saturday 1100-1500

Picnic Lunches and Cream Teas will be available from the Village Farm Shop which can be eaten either on or off site, from Tuesday to Friday inclusive. Our food offering will be simple good quality pub grub for the time being until it is safe to open the restaurant for diners.

Reservations can be made via pizza@thesorrelhorse.co.uk, info@thesorrelhorse.co.uk by calling 01394 411617 and takeaway pizzas can be ordered online at www.thesorrelhorsefood.co.uk

As we now have a firm date whereby the Sorrel can re-open we feel that this is the opportunity to launch our **Sorrel Horse Village Loyalty card**.

Benefits include but are not limited to:-

- Priority booking for pub space during Coiv'19 restrictions
- No need to register upon each visit as card with your details will be swiped upon entry
- Exclusive use of restaurant area for subscribers, space restricted per Govt guide lines

Once we return to more normal times

- Selected discounts on beverages
- Selected discounts of food items
- Selected discounts on various events
- A priority reservation system for events and restaurant

The set up cost is £7.00 per card, however Team Sorrel will offer a free pint or equivalent on sign up. We shall require name, address and contact details in order to set up the account, a form will follow soon. We plan to launch the scheme on Sunday 5th July.



WELL DONE HAYLEY AND TEAM! On the 19th June I took part in the 4.4.48 Challenge for Jonathan Wake, along with friends and family members in Woodbridge, finishing on Father's Day at Kingston Park.

The challenge was developed by former Navy Seal, David Goggins, and it involves running 4 miles every 4 hours for 48 hours all

through both nights as well. Affectively this is two marathons in two days. We were accompanied by family in Australia doing it, family in Kent and a large number of my Ex husband's work colleagues, altogether over 300 of us took part. My son Tom Wake came up with the idea of the challenge following the sudden death of his Father on 2nd March this year. Jonathan was only 56 and developed the first brain tumour in November last year and in less than three month he passed. Tom decided he wanted to channel his grief into something positive and as his Dad was incredibly sporty he decided we would do this challenge to raise money for Brain Cancer Research an organisation that's vastly underfunded. We completed the challenge through blood sweat and tears and raised a staggering £19,373!! Thank you to everyone who took part and all who donated. To donate <http://www.gofundme.com/f/in-memory-of-Jonathan-for-brain-tumour-research>. *Hayley Churchyard*

SHIRLEY GREEN

Shirley was a remarkable, kind and interesting woman. She was a brilliant horsewoman, ran Popular Park for a long time, was instrumental in establishing and running Hollesley RDA, had a lovely family and many, many friends. There is so much that could be said about Shirley but here I just want to share a few of my memories of our unexpected, but wonderful friendship.

When I moved here in 2009 Shirley was my neighbour, we got on well, but we lived in different worlds. Shirley read the Telegraph, I read the Morning Star; Shirley had met royalty on a number of occasions, I am a committed republican; Shirley was an accomplished and experienced horse rider, I am terrified of them; Shirley was calm, measured and composed, let's just say I don't particularly embody these attributes; and Shirley had a refined, gentle greyhound (Psyche), whereas I had a very independent-minded working sheepdog with attitude (Daisy Dog). We were different, but we got on fine as neighbours.

Our friendship started when I started training Daisy Dog on the campsite each morning. At 8.15am every day Shirley would walk through the campsite with Psyche and round the back to collect her newspaper. One day I asked if I could join her on the walk. This marked the beginning of 6 years or so of us walking together twice a day. It marked the beginning of a surprising and deep friendship, a friendship I feel privileged to have shared, one which brought me great joy.

We walked every day in sunshine and good health; in inclement weather and ill-health. Not walking was not an option. There was a short walk in the morning and another of an hour or two in the afternoon. One day, perhaps in the first winter of us regularly walking together it was snowing. I didn't think we would walk through the 6 inches or more of snow that had already accumulated, but Shirley came round at the usual time so off we set across the fields, huddled in our coats, reluctant greyhound and crazy sheepdog in tow. The snow storm turned into a blizzard, my dog sank and disappeared into a snow drift, it started to get dark and we were now walking into the full force of the wind and snow, miles from home – in that moment our friendship was forged, we were obviously both crazy – and nothing would stop us walking. Her quiet strength in the face of any adversity was an inspiration to me. Together we kept each other going after illnesses and operations – if I'm honest, mainly it was Shirley who kept me going.



Shirley taught me to live in the present. She taught me to watch the passing of the seasons in the flower blossoms and changing trees. She taught me to breathe in the beauty of a winter sunrise, to sit with the mist rising from the fields, to luxuriate in the hot sun of a July afternoon, but also to love the harsh rain and wind. In doing so she helped me find a calmness in difficulty. As we saw the first aconites and snowdrops, as we enjoyed the vast blue skies, and as we felt the coming of autumn she would remind me that whatever happened later that day nothing and no-one could take away the joy we felt at that moment.

As the years and miles passed we talked about everything and nothing. She was a generous and kind listener who had the rare ability of being able to offer advice and

solidarity in an unobtrusive way, free from judgment. She taught me that people are rarely what they seem and that the strongest friendships can be found in unforeseen places. We talked about politics at the very, very local and the global level. We presumably must have had different views at times but I don't remember any disagreement. Our friendship created a space in which we could see, respect and learn from each other. Shirley didn't just encourage me to see the world in a different way, she also got me involved with all sorts of adventures. One year Shirley asked whether I would like to go to Burghley Horse Trials. A long drive, huge crowds and lots of horses wasn't really my kind of thing, but I trusted Shirley's judgment when she said I would enjoy it, and off we went with Pip and Annabel. And Shirley was, of course, completely right again, it was the most fantastic day. We talked and laughed as we walked the course and I was captivated by being so close to the jumps and the horses.



I can't remember Shirley without remembering Psyche. Shirley had many dogs before I knew her and she told me tales about them as we walked, but it was Psyche who stole my heart. Some people think that greyhounds are not the brightest dogs but Psyche had somehow managed to organise her world such that we always walked the way she wanted to go, when she stayed at my house she had her own space on the sofa and when I took her for rides in the car she would recline on the back seat whereas my dogs were in the crate in the boot! In recent years Shirley and I would recall the many escapades that Psyche got up to including when she spent a considerable amount of time prancing around a large dung heap in a field, keeping just out of reach while Shirley and myself rather pointlessly ran after her - a trick she also adopted on occasions when she had located a particularly fetid, decomposing rabbit that she fancied hanging on to.

Every day I walk the paths I walked with Shirley and Psyche, but I do not walk alone. I walk with them beside me in my heart: together we watch as the seasons pass, together we marvel at the beautiful blackberry blossom and wait for the heather, knowing that whatever happens we will always have this moment. Thank you Shirley for your love and for being my friend.

OTHER LOCAL NEWS

Obviously with lockdown easing and pubs, cafes etc re-opening there is a lot of change at the moment and it is a good idea to find up to date information online. Woodbridge library is opening on Monday 6th July, Ramsholt Arms is doing takeaways at lunchtime at the moment and Bawdsey ferry is operating at weekends – face coverings must be worn.

THE MOBILE LIBRARY SHOULD RETURN ON TUESDAY 21ST JULY 3 to 3.20 pm



For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or nicky.rosecott@gmail.com by **20th** of previous month.

Please contact Rev Giles Tulk as Team Rector revgileswtr@gmail.com

and Judith Andrews as local spokesperson for the 7 local villages judith.andrews@btinternet.com