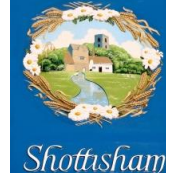


# Shottisham Village Newsletter



## The Vicar's Voice

June in the Christian calendar sees a number of days know as Ember Days. These are periods of 3 days set apart during the 4 seasons of the year, which were considered as times of prayer and fasting. These would usually be a Wednesday, Friday and Saturday.

The purpose of these days was to give time to thank God for the gifts of nature, taking time to use these gifts in moderation, and to set time apart to help those less fortunate.



We also celebrate "Rogation Days in June and in times gone by this would see the tradition of "Beating the Bounds" when a procession of parishioners, led by the vicar, churchwardens and choir would walk around the boundary of the parish and pray for its protection in the forthcoming year.

Well, the tradition of beating the bounds may be long gone in most parishes, especially in these days of multi-parish benefices, of which we here in the Wilford Peninsula are the biggest Benefice in the country with 18 churches. That's quite

a walk!!

But the tradition for many Christians taking "time out" for fasting and prayer is still well practised today. Taking oneself away from the usual daily routines of a busy and often stressful world to go on retreat is something which I would highly recommend.

One place I love to go is to the North Norfolk Coast and the beautiful village of Walsingham, and the Shrine Church there. It gives me time for me. To walk, to read, to catch up on some sleep and of course, time to reflect and to pray.

Fasting and quiet time with oneself and God is not easy, but then Jesus never said being a friend, a disciple of His would be easy!! But with perseverance anything is possible. With a little perseverance even I can give up chocolate or chips in Lent!!

Of course, not everyone can take time out, for a myriad of reasons, and fasting may be an unhealthy option for many. However, we can all take a moment to thank God for the gifts he has given us, even if we are doing the washing up or taking the dog for a walk.

As hopefully, this month we are able to draw out of Lockdown for a final time, we can give thanks for our friends, our families, our community, the food we have, the NHS that have cared for so many, often at personal cost, and the vaccine programme that will enable us to hug loved ones once again.

With love and blessings,

*Rev Mandy Xx*



## To all the Village:

Once a month I do up a box of provisions to take to the "Salvation Army Food Bank" in Woodbridge. They are desperate for things as times are hard for many even in this area. If anyone in the village would like to contribute (it doesn't have to be a lot even a tin of baked beans or something similar would be appreciated) . Contact me on 01394 410331 or email me at [dawnrosemarykay@aol.com](mailto:dawnrosemarykay@aol.com). I can collect or it can be left at my house "Brook Cottage". Thank you, *Dawn Kay*



Date	Time	Place	Service	Officiant
Wednesday 2 <sup>nd</sup>	10.00am	St Felix	Holy Communion	Rev Mandy
Sunday 6 <sup>th</sup>	11.00am	Bromeswell	Holy Communion	Rev Kevan
	9.30am	All Saints, Eyke	Holy Communion	Rev Kevan
	11.00am	St Felix	Holy Communion	Rev Judith
	9.00am	Sutton Heath	Family Worship	Rev Mandy
	11.00 am	Shottisham	Morning Praise	Helene Berry
Wednesday 9 <sup>th</sup>	10.00am	St Felix	Holy Communion	Rev Mandy
Sunday 13 <sup>th</sup>	11.00am	Bromeswell	Morning Prayer	Stephen N
	9.30am	St Gregory	Holy Communion	Rev Mandy
	11.00am	St Felix	Holy Communion	Rev Mandy
	11.00am	Sutton	Morning Praise	Helen Shand
	6pm	Shottisham	Evensong	Mel / Helen
Wednesday 16 <sup>th</sup>	10.00am	St Felix	Holy Communion	Rev Mandy
Sunday 20 <sup>th</sup> <b>Fathers Day</b>	11.00am	Bromeswell	Holy Communion	Rev Kevan
	9.30am	All Saints, Eyke	Morning Prayer	Rev Mandy
	11.00am	St Felix	Prayer & Praise	Greg Gooch
	11.00am	Sutton	Holy Communion	Rev Mandy
Wednesday 23 <sup>rd</sup>	10.00am	St Felix	Holy Communion	Rev Mandy
Sunday 27 <sup>th</sup>	11.00am	Bromeswell	Prayer & Praise	Greg Gooch
	9.30am	St Gregory	Morning Prayer	Stephen N
	11.00am	St Felix	Holy Communion	Rev Mandy
	9.30am	Shottisham	Family Communion	Rev Mandy
Wednesday 30 <sup>th</sup>	10.00am	St Felix	Holy Communion	Rev Mandy

Church  
rota

**THE SORREL HORSE**

We are delighted to be open of course and happy that we can now invite guests indoors once again, especially as the weather remains so dreadfully unseasonal! June will hopefully see a return to normal for the summer. We shall be hosting a listening meeting in June whereby we shall be giving an update on recent positive developments. Watch this space for the date!

With best wishes, *Gary*



**Billy the Fish** is at The Knoll outside the pub on **Wednesday at 10 am.**

**The mobile library** is at The Knoll on **Tuesday 22<sup>nd</sup>** 3 to 3.20 pm.



**Allotment news** - the fence repairs are completed with thanks to various people and companies for their donations, resulting in a smaller cost for each holder. For allotment enquirers please contact Terrie 410134. Kind regards, *Terrie*

Kevin's incinerator on the allotment by Helen Bendon (Pat and Ivan's daughter)

## Shottisham Parish Council

### ANNUAL PARISH MEETING

The meeting was held at St Margaret's Church on Tuesday 24<sup>th</sup> May, there was a reasonable attendance as anticipated so the use of the Trust Hall would have been difficult in terms of COVID.

Thank you to Liz and Diane who spent time making the Trust Hall COVID secure, hopefully our next meeting will be there.

There were reports from the Church (Anne Buswell), our new Vicar Mandy also added to Anne's info; Diana Bickerton on her role as Village recorder and the mass of information obtained about the history of Shottisham; Rod Cardnell reported on the work of the Shottisham Village Association and their plans for the future and Les read out the WI report.

Cllr James Mallinder (East Suffolk District) and Cllr Andrew Neil (County Council) reflected on what had been a difficult year and the efforts made to minimise the impact of COVID-19 and the support they had given to local councils.

### OPEN FORUM

There were two major areas concerning the Village, the lack of an adequate Mobile signal and in some cases very low Broadband Speeds. The PC agreed to look into these areas but accepted that they were not necessarily the proper vehicle to investigate and the potential problem of Data Protection restrictions.

*Ray Kay Chairman*

### Playgroup

We have recently opened a **pre-school playgroup in Sutton Heath** which is open to all children aged 12 weeks - school age. We offer a homely environment and accept government funding to enable children to have free childcare. Kind regards, *Angela Davis* Accounts Manager, on behalf of Woodbridge Community Playgroups



DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30	13.30 to <b>17.30</b>
Tuesday	8.00 to 18.30	<b>CLOSED</b>	8.00 to 18.30	
Wednesday	8.00 to 18.30	8.00 to <b>13.00</b>	8.00 to 18.30	
Thursday	8.00 to 18.30	8.00 to <b>13.00</b>	8.00 to 18.30	
Friday	8.00 to 18.30	8.00 to <b>13.00</b>	8.00 to 18.30	

**BANK HOLIDAY & STAFF TRAINING CLOSURE DATES** The surgery will be closed for staff training on **Thursday 17<sup>th</sup> June** from 13.00. When the surgery is closed please call NHS 111

NHS research is essential to help shape and improve future NHS healthcare. The Peninsula Practice has been involved in cutting edge national research including a new device to replace endoscopy in some cases. Dr Crockett is the principal investigator for all research at the practice, whereby she checks eligibility for patients to take part in relevant studies. You may therefore receive an invitation, which will be directly from The Peninsula Practice to participate in a study - we never share your personal details. You are free to choose whether to take part or not with no obligation. Taking part in clinical research may benefit you or

others like you, in the future. For more information about the research projects we are involved in please visit our website:

[www.thepeninsulapractice.co.uk/research](http://www.thepeninsulapractice.co.uk/research)



'Ramsholt dragon' photo by Rod Cardnell

**SHOTTISHAM CAMPSITE AND THE BLUE RABBIT CAFÉ**

The Blue Rabbit Cafe is hoping to open at weekends from June 19th 9.30-1.30 for breakfasts, brunches and lunch - check the website [www.bluerabbitcafe.com](http://www.bluerabbitcafe.com) for more details. The new menu will be on the website in the next week - expect home-made cakes, pastries, sandwiches, tarts, quiches and salads - all made using food grown here. Meanwhile on the smallholding Aaliyah (new baby goat) is waiting for Iggy Pop to have her babies so she has some little friends to bounce around with. Ellen is also due sometime in June. The chickens have been busy laying eggs and we have lots for sale on the stall at the front of the house. There is also some home-grown, homemade jam for sale there too. Hope to see you all soon Claire xx  
Thanks *Claire*,

**Pizzas** are available every Friday from 5 – 8 pm. Again we are asking people to email or text their orders in advance, we also have a new online ordering system which you can find on our homepage - [www.petespizzas.co.uk](http://www.petespizzas.co.uk) Many Thanks, *Pete and Alfie* x

**LOCAL INTEREST IN JUNE**

**From Thursday 3<sup>rd</sup>** Bawdsey Radar Museum is open Thursdays and Sundays – book on 07821 162879

**Thursday 3<sup>rd</sup>** Coffee and chat from 10 am Sutton Memorial Hall

Table Top Sale on **Saturday 12<sup>th</sup>** 12noon-2pm on Sutton Recreation Ground. Tables £5 to book phone 01394 411793 or 384659.

**Ramsholt Arms** is open on a first come first served basis.

**Froize (Chillesford) in June** Over a month's worth of events to get us back into the swing of things. Music, food, nature, art and craft! <https://froize.co.uk/>

**Friday 18<sup>th</sup>** A Midsummer Night's Dream 6 to 7.30 pm (near Southwold)

<https://www.thoringtontheatre.co.uk/events/a-midsummers-night-dream-18-june>

**Saturday 19<sup>th</sup>** 2 to 4 pm Bawdsey market in Bawdsey Village Hall

**Saturday 26<sup>th</sup> and Sunday 27<sup>th</sup>** Bawdsey Flower Festival at St Mary's Church

Sculpture in the Valley at Potton Hall Saxmundham, **Friday 28 May – Sunday 27 June**

<https://waveneyandblytharts.com/>

Beautiful wood exhibition at The Quay Gallery, Snape **Thu 27 May - Wed 9 June**

<https://snapemaltings.co.uk/whats-on/exhibition-bois-jolie-beautiful-wood/>

**Suffolk Punch Trust** is open with pre-booked tickets only for 4 days a week from **Saturday 1st May to 14th June (Friday to Monday)** and 6 days a week (**closed Tuesdays**) from 14<sup>th</sup> June [ticketsource.co.uk/suffolkpunch](http://ticketsource.co.uk/suffolkpunch) The garden, café, shop and museum are free to visit and Hayley is doing group tours for 10 people or more for £5 per person.

**Bawdsey Boathouse Café** is open Thursday to Monday 11 am to 5 pm weather permitting in May.

**Felixstowe Ferry** operates daily 10 am to 5 pm – check on Facebook

**Yoga with Ellie** Tuesday mornings 9.30 to 10.30 am on Bawdsey recreation ground. £7.

**Yoga with Jane** Friday evenings 6.30 to 7.30 pm Hollesley Village Hall, £6 drop in , £15 for 3 classes – booking info: [yogajane21@gmail.com](mailto:yogajane21@gmail.com) 07850 994707

We wish Gareth and Stuart all the best and welcome Dean and Frances who have moved into The Well House.




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For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or [nicky.rosecott@gmail.com](mailto:nicky.rosecott@gmail.com) by **20<sup>th</sup>** of previous month. For church-related information please contact Rev Mandy E Reynolds [revmandy.rendlesham@yahoo.com](mailto:revmandy.rendlesham@yahoo.com)