



Shottisham Village Newsletter

CHURCH NEWS from Rev Simon Cake:

Hello Everyone, In case you haven't heard yet I'm Simon Cake . (It's a Crummy name I know. Oh, that was bad. It's OK my jokes go stale after a while).

I'm the new member to the Ministry Team. It's really good to be here at last.

I would like to thank you all for your warm welcome, also for the wonderful welcome box. I'm so looking forward to working for and with you.

A little bit about myself, sadly I'm a widower, I lost Kathleen my wife just over 4yrs ago. I have a son called Oliver who's 20yrs old and just started Marine College at Glasgow studying Marine Sciences to become an officer in the Merchant Navy, so you may see him occasionally, come to think of so might I. I've tried speaking to him on the phone to see how he's doing but I've been lucky if I've managed to speak to him for 30 seconds, it appears I only hear from him and get asked "Dad can you please give me a sub". Does it ever end, Ah Kids, they are wonderful really, I keep telling myself.

You may have heard I used to be in the Army and then left and entered whole time ministry. I'm also a member of the Church Army. My hobbies include sailing, swimming, kayaking, watching movies, walking, eating out and sitting by water. I also enjoy beach art. Well, that's about it for now. Hopefully, you will find out more about me over time.

Can I again thank you for your lovely welcome. You are always welcome to drop in if I'm around and help me get through some of the wonderful cakes you made. You can always contact me on Tel 07710 523856. I'll get back to you as soon as I can.

With every Blessing. Yours *Simon*.

SERVICES IN OCTOBER

2 October	9.30	Morning Praise	Sutton Heath
	11.00	Morning Praise	Shottisham Helene Berry
9 October	11.00	Morning Praise	Sutton
	6.00	Evensong	Shottisham Mel Spurling
16 October	11.00	Communion	Sutton
23 October	9.30	Family Communion	Shottisham Rev Capt Simon Cake
	6.30	Evensong	Sutton

The church summer fete was well supported and we had a pleasant Harvest Festival at the allotments on September 11th followed by cake, sausages and tea outside the church. Anne visited several local churches and Nicky headed for Woodbridge churches on this year's church ride and stride on September 10th.

Bark and brunch at The Rectory **Wednesday October 26th 9 to 11 am**



	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED

STAFF TRAINING DATES Alderton and Orford surgeries will be closed for staff training on **Wednesday 12th October from 13.00**. Aldeburgh surgery will be open for collecting paper prescriptions and booking future appointments. All calls will continue to be redirected to 111 for this afternoon.

This means that there will be no clinical staff available during this afternoon at any site.

When the surgery is closed please call NHS 111. Flu and Covid vaccinations Our flu vaccination clinics are starting on 4th October:

- Tuesday 4th October 2022 – Orford Surgery
- Wednesday 12th October 2022 – The Old Generator Station (previously known as Aldeburgh Community Centre)
 - Thursday 20th October 2022 – Hollesley Village Hall

You can start booking your vaccine from 12th September either online, or by phone to the surgery after 11am. Everyone aged 50 and over will be among those offered a covid-19 booster and a separate flu jab this winter, under plans to increase protection against respiratory illnesses this winter. There are plans to offer the free flu vaccine to additional groups and we will keep you posted with details as we receive them. We are expecting to be able to offer the covid vaccine for those eligible at the same time as the flu clinics and have requested delivery in time for this. Details will be updated at the practice, website and social media as soon as we know more details. Current eligibility for a covid vaccine includes:

- all adults aged 50 and over (starting with the over 75s);
- those aged 5-49 in a clinical risk group, including pregnant women;
- those aged 5-49 who are household contacts of people with immunosuppression;
- those aged 16-49 years who are carers;
- residents in a care home for older adults and staff working in a care homes for older adults;
- frontline health and social care workers.

For our housebound patients, we will be vaccinating from 10th October. We will contact all our housebound patients to confirm a date prior to arrival.

Our aim is to deliver the flu vaccine with the Covid-19 Autumn Booster. There are still many variables to work out for this to be possible; please keep an eye on our website and Facebook page for more details as they become available.

Email change

Our practice email address has changed. Please use this email to contact the surgery:

sneeicb-ies.peninsula-practice@nhs.net

www.thepeninsulapractice.co.uk <https://www.facebook.com/ThePeninsulaPracticeGPSurgery/>

Local History Recorder, bringing you up to date.

You have all been very patient, waiting for the outcome of the book on Shottisham. Hopefully the final text and illustrations will be delivered to the printers next week. I am just out of hospital and cannot drive for some weeks, so am dependent on my daughter as chauffeur.

But it really does look as though I will have the finished article in 2022, *Diana Bickerton*.



THE SORREL HORSE

ALL YOU CAN EAT MOULES FRITES is back! Starting on **Wednesday 5th October** (then the 1st Wednesday of every month moving forward)! £18 per person for all you can eat Mussels and House Fries! **BOOK NOW** to guarantee a table!

OYSTER HAPPY HOUR will continue to run every Friday between 5pm - 6pm! £1 an oyster - the perfect start to the weekend!

Our new Autumn Menu will be launching soon so watch out for some new delicious dishes!

Many thanks, *Rebecca*

Sorrel Horse Shottisham Ltd

Villagers are invited to the AGM which will take place at St Margaret's Church in Shottisham at **11 am on Saturday 19th November**.

There are 7 members of the Board of Directors one of whom completes their three-year term this year. If you would like to put yourself forward to join the board, would you please let us know by email along with a brief resume (circa. 100 words) by **5 pm October 7th, 2022**. If there is more than one candidate an election will be organised. admin@sorrelshareholders.com

Shottisham Campsite

Hello from the campsite and Blue Rabbit Cafe. Thank you to everyone who came and supported the cafe over the past year, I really appreciate it. The last day chance for cake, coffee and bacon buns at the cafe will be **Sunday 2nd October 9.30-11**. After that I will be closed until next Spring when I am hoping to have more exciting ventures to announce. We still have eggs, sausages and bacon for sale - either on the farm



gate stall or just ask at the house. There is also some lovely home-grow, home made grape jelly available which is great with sausages and also on toast. Next year there will be more baby goats and hopefully baby alpacas. I'll keep everyone updated over the winter. The new puppy Cam is doing well and is now 5 months old. He is full of energy and I'm having fun training him. Here he is reading his new book of tricks - he's so clever he can read upside down! If you haven't met him yet you might see him out and about over the next few months. More

next month, take care, *Claire x*

Pete's pizzas are back at the campsite on **Friday** evenings.



Shottisham Parish Council

Highways

You will be aware that in Shottisham we do not have any pavements which can cause problems when walking through the village at this time of year. The parish council would like to remind residents of the need to keep growth of foliage on their verges from creeping onto the road making the maximum space available for walking.

“Ease The Squeeze”

East Suffolk Council have recently launched the above initiative with the aim to help people deal with the current Cost of Living Crisis. There are some 12 specific projects being launched which the Parish Council are currently studying to see which may best benefit the people of Shottisham. Details of any action in this respect will be in next month’s newsletter.

In addition to the above East Suffolk are holding a number of **Money Roadshows** for residents where professional advice can be obtained on areas including. Money Saving Tips/Dealing with rising fuel costs/Benefits Advice/Financial Support and Dealing with Debt. There will be such a Roadshow at Woodbridge Community Hall, Station Road on **Tuesday 25th October 10-Noon**.

The next **parish council meeting** will be on **Tuesday 8th November** at 7:30 pm in the Trust Hall.

Full minutes from the September meeting can be found on the Shottisham Village website at <http://shottisham.suffolk.cloud>

Lesley Roberts, Clerk to Shottisham Parish Council Shottishampc.clerk@gmail.com 01394 410581

Shottisham WI

The WI is thriving and we are always pleased to welcome more members, *Diane Fleming*, Shottisham WI secretary.

LOCAL INTEREST IN OCTOBER

Jumble Sale on **Saturday 8th** at Sutton Memorial Hall from 2pm. In aid of Play Equipment Fund.

Quizzes – Quizzes are at The Swan, Alderton on **Wednesday 5th** and **Wednesday 19th** at 8 pm.

Mobile library at The Knoll, Shottisham 3 to 3.20 pm on **Tuesday 13th**

Alderton Swan is now open Thursdays/Fridays/Saturdays 6-10pm and Sundays 12-3pm

The Ramsholt Arms is open Mon, Tues 12– 3pm, Wed, Thurs, Fri 12-3 pm and 5 – 8 pm, Sat, Sun 12 – 8 pm

Bawdsey café is open all week 11 am to 5 pm, closed Tues and Wed in term time and Deben ferry operates on the same days

Bawdsey Radar open Thursday/Sunday

Marsh Farm Cafe 10am-3 pm daily

Thrift Shop Sutton Heath open Wed /Thur 9am-12 noon (Opposite Poppy's)

Poppy's Sutton Heath Mon-Thur 9.15 am to 2 pm to 5th September

Sutton Hoo is open all week

Chair Based Exercises Bawdsey Village Hall every Tuesday 11.15 -12.15 Contact Jane on 01394 411373.

For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or nicky.rosecott@gmail.com by **25th** of previous month. For church-related information please contact Rev Mandy E Reynolds revmandy.rendlesham@yahoo.com