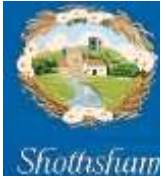


Shottisham Village Newsletter



Dear Friends

May is going to be a momentous month!

It is exactly 70 years less one month since the last Coronation. Whether we travel to London ourselves or we watch it all on television, the memory of this great event with all its colour and pageantry, words and music, will remain with us for the rest of our lives.

Every Coronation in British history has been unique, following historical precedent but with the introduction of some new element. The Crown Jewels and Coronation Regalia have been used at every coronation since Charles II's, but this is the first time that the Stone of Scone will have been brought from Edinburgh Castle to be placed within the Coronation Chair on which the King will sit for the actual crowning. There will be other moments that will remind us that we are children of history whether it is sight of the historic Black Prince's Ruby or the sound of the Gospel Choir, and of course the threefold sequence of the Coronation Service – the promises made by the King and his acclamation by the people, his consecration and anointing, and his vesting, crowning and enthroning – has been followed in every coronation since King Edgar was crowned in the 10th century.

The ceremony will also remind us of our unique heritage, the understanding that our Head of State fulfils a vocation as servant of his people, and the ritual that formalises the beginning of his reign is of spiritual significance for it is a sacramental act in which both the King and his people participate. Whatever the recent census might suggest about the popularity of faith in this country, the ethical and moral principles that underpin our legal system and social culture are based on Christian values and understandings. A few weeks ago, King Charles himself said that "a nation's wealth and strength can be found in the values that it embodies – mutual respect, diversity, tolerance, fairness and friendship. These values, I trust, will remain so for centuries to come." These are values that give expression to the Christian commandment "Love you neighbour as yourself".

In recent weeks, local celebrations have been planned that will enable us to volunteer, respond and participate in community events over the Coronation weekend. I hope these will enable us all to feel a renewed sense of neighbourliness and care and concern towards those amongst whom we live, as well as being an opportunity for us all to enjoy ourselves together!

And again, at the end of the month, there will be another celebration of spiritual significance. Pentecost, traditionally called Whitsun in England, which commemorates the day when Jesus' disciples were filled with the Holy Spirit, is regarded by many as the birthday of the Church. Since that day, the Christian message of God's love, the gifts that it brings and the fruit that it bears, continues to spread its light and its life through the world. That will be another celebration to bring joy to our hearts.

May you know God's blessing for yourself this month, *Reverend Robin*

Services in May in Shottisham

Sunday 7th Family communion 9.30 am

Sunday 14th Morning Praise 11 am

Thursday 18th Ascension Day service 6.30 pm

Sunday 21st Evensong 6pm

Bark and brunch at The Rectory **Wednesday 24th 9 to 11 am**



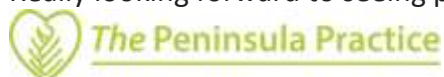
St Margaret's Campsite and The Blue Rabbit Cafe

Hello from the campsite and cafe. Spring is definitely here with blossom on the trees and the polytunnel filling up with delicious salads for the Blue Rabbit Cafe. The bees are getting busy. I'm back up to four strong hives so I'm hopeful there will be delicious honey for sale again later in the year. Our goats start kidding at the end of May so we're hoping for a

gang of bouncing baby goats to entertain everyone soon. Cem (new puppy) turns one on Monday - I can't believe the time has gone so fast. He is a fabulous dog, very good natured, super clever and very attentive (given his young age) He's learning fast and I have plans to compete with him in agility and working trials but meanwhile he is practicing a special dance and trick routine for later in the summer to be performed at the Saturday evening animal feeding extravaganza on the small holding (6pm all welcome - children must bring a grown up with them to share the animal love). Two weeks post-surgery, I'm feeling a bit better but still not fully well. I am planning to re-open the Blue Rabbit Cafe from next weekend 6/7 May, (Sat/Sun 9.30-1.30) but it does depend on my health (sorry). First weekend might be an easy start with just delicious coffee and homemade cake.



Really looking forward to seeing people at the cafe again. Take care, *Claire*



DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to 13.00

Wednesday 17th May from 13.00: staff training. Alderton surgery will be open for booking future appointments, and the dispensary will be open for collections. Aldeburgh and Orford surgeries will be closed. All calls will continue to be redirected to 111 for this afternoon.

We offer an increasingly wide range of NHS services to our patients:

- Memory checks (if worried about dementia)
- Menopause management
- Paramedic appointments
- Same day physiotherapy for acute musculoskeletal symptoms
- Ultrasound (by referral)
- Single skin lesion clinic
- Mental health and wellbeing support
- Insomnia support - SleepStation (a bespoke programme)
- Social prescriber – support for non-clinical health and wellbeing needs
- Compassionate Companion service – to support end of life choices and care
- Full contraception services (eg coils) and sexual health

Also available at our practice are non-NHS services (charged):

- Chiropody – foot care appointments
- Ear care – wax removal (see website)

Spring Covid booster vaccinations

We are well into our Spring Covid booster vaccination programme. If you have not booked yours yet and are over 75yrs old or have a condition causing immunosuppression, please call the surgery and we will arrange it for you.

Clinician and appointment availability

We continue to offer a wide range of appointments and try to prioritise patient choice. This includes face to face, video, telephone, online (eConsult), early morning, later evening and weekends (extended hours GP+) appointments. As a multi-site practice we will also offer the next available appointment even if it is not the closest site.

Please contact us as soon as you are unable to attend an appointment

Hours of appointments are not attended by patients every week – especially for nurse and blood tests. This is despite sending texts at the time the appointment is made, and reminder texts the day before. If you cannot attend your appointment, please call to inform us so we can offer it to other patients and reschedule your appointment.

JOYCE LICKERT

Just a memory for some –

An odeTo The Shottisham Pancake Evening

The brown spotted pancake is a very rare bird
Seldom seen perching on a twig, I have heard,
But songs it sang a many, though none have been taped,
Its plumage was golden! Thank God it escaped,
But watchers came many, tried salt on its tail,
The japs tried to clone it and sell it wholesale,
I fear it ‘twas like Nessie, got too much applause,
Now the Scots ne-er see either and I am sure that’s the
cause



Now Nessie the monster still plays hide and seek,
But the brown spotted pancake flew up Shottisham creek,
And here once a year
We all gather with glee to get a sight of the
Brown spotted (everyone shout) PANCAKES !!
And in they come

Written by Joyce Lickert circa 1990

RIP Mum. Joyce died peacefully 4th April 2023 age 95, Liz

The funeral is on Wednesday **10th May 1.30 pm** Seven Hills Crematorium and then 2.30ish Sorrel Horse for a toast for Joyce, and nibbles

Shottisham People by Local History Recorder

Please put **13th May** in your diaries as I will be giving a talk about the researching and writing of **Shottisham People**, at the Trust Hall, starting at 2 p.m. There will be plenty of time for questions and discussion, both about the book, the history of the village and about the role of Local History Recorder. Books will be available to sell to those who were unable to attend our previous meetings.

If there is anyone who feels they could be committed and dedicated to the role of Recorder, I would be content to hand over the reins, after some preliminary help and support.

I hope to see you all, especially if you have already read some of the book, on **13th May**, *Diana Bickerton*.

Shottisham WI

We are pleased to announce that the long overdue upgrade and improvements to the toilet facilities at the hall will commence in June. After a lot of hard work, we have also managed to raise funding to pay for most of the work. We enjoy member meetings in the afternoon of every second Wednesday of the month, new members are always welcome. Talks, walks and outings are also part of our monthly programme.

Diane Fleming, Shottisham WI Secretary. 01394411870. dillypal@outlook.com

The Sorrel Horse

Bank Holiday opening times:

Monday 1st: 12pm - 6pm

Monday 8th: 12pm - 6pm

Monday 29th: 12pm - 6pm

Oyster Happy Hour continues every Friday between 5pm - 6pm (£1 an oyster) Many thanks, *Rebecca*



SHOTTISHAM PARISH COUNCIL

The Annual Parish Council Meeting is at **7.00pm in the Trust Hall on Tuesday 16th May**. This is an informal meeting and gives villagers the opportunity to find out what has happened in the village over the past 12 months. It is also an opportunity to let the Parish Council know what their expectations are for the future. Without this input the PC do not know what is needed from them.

After the APM is the Annual General Meeting of the Parish Council. This sets out the rules under which the PC operates and appoints Officers for the coming year. There will be an Open Forum and villagers can, if they want, stay for the duration of the meeting.

The Parish Council would like to take this opportunity to thank Pat Southgate who has served for 8 years on the PC, For a large proportion of that time she has looked after the Play Area, she will be sadly missed. The PC wish her a very happy "retirement" .

Mobile Signal

The recent alarm exercise has brought to light a long standing problem in rural areas. The vast majority of residents did not receive the alarm because we do not have a mobile reception, or at best it is intermittent. We clearly are at a disadvantage in rural areas, Shottisham is not alone.

The Parish Council will take up this matter with our County Councillor and Member of Parliament.

Thank you to all those who contributed to the Food Bank Box we had a wonderful selection of Easter Eggs for the Children as the picture shows.



LOCAL EVENTS IN MAY

Sunday 7th 1pm King's Coronation picnic on the playing field

Sunday 7th - 51st Ipswich to Felixstowe Historic Vehicle Run - 500 vehicles departing

Christchurch Park at 11 a.m and on Felixstowe promenade in the afternoon. This is all organised by Ipswich Transport Museum which is a volunteer run charity.

Saturday 20th Bawdsey market 3 to 4 pm Bawdsey Village Hall

Monday 29th Fete and Fun Dog Show Bawdsey Recreation Ground

Mobile library at The Knoll, Shottisham 3 to 3.20 pm on **Tuesday 23rd**

Quizzes –at The Swan, Alderton on **Wednesday 3rd, Wednesday 17th and Wednesday 31st** at 8 pm.

Alderton Swan is open Thursdays/Fridays/Saturdays 6-10pm , and Sundays 12-3pm

Boathouse Café Open Thursday to Monday 11.00am-5.00pm and ferry running daily to Felixstowe Ferry

Suffolk Punch Trust/Café open 10.30am-4.00pm, not open Tuesday

For contributions to the Shottisham newsletter please contact **Nicky Beaven 411861** or nicky.rosecott@gmail.com by **25th** of previous month. For church-related information please contact Rev Simon Cake 07710 523856 simon.cake@outlook.com