



## Village Newsletter

November 2024 Issue 275

If you have any updates for the December newsletter, please send to me by the 28<sup>th</sup> November, warm wishes, Natalie  
[Nataliebrett64@gmail.com](mailto:Nataliebrett64@gmail.com)



*Fly Agaric (Amanita muscaria), Shottisham October 2024*

### Parish Council

#### PLAYAREA

We have in the past couple of weeks removed the Trim Trail at the Play Area because this it is past repair. Councillor James Campbell has been researching a replacement for some time and approval was given at the last PC meeting to go ahead with this. The new equipment has been ordered and should be in situ before the end of the year. Funding is from the Big Lottery Grant obtained by the Chairman some time ago so the impact on PC funds should be minimal.

## *OTHER*

Work on the 20mph project has been progressing with Cllrs Brett and Darby and the result of the Petition Support will be available at the next PC meeting along with an update on the way forward.

If you have any areas of concern you wish to be discussed at the next meeting, please contact your local Councillor so such items can be put on the agenda, a list of Councillors and contact details are on the Notice Board outside the Sorrel Horse

The next Parish Council meeting will be on 12th November at 7:30 in the WI Trust Hall.

*Cllr Ray Kay, Chair, Shottisham Parish Council*

## **Sorrel Horse**

The AGM will take place at St Margaret's Church in Shottisham at 11.00 a.m. on Saturday 16th November. If you would like to have lunch at the pub, then we advise that you book in advance directly with the pub.

If you are unable to attend the AGM but would like to ask questions, please submit these by e mail or in writing by 10<sup>th</sup> November and we will read them out and provide answers at the AGM and respond to you via e mail or post.

[admin@sorrelshareholders.com](mailto:admin@sorrelshareholders.com)

## **Shottisham Village Christmas Meal - back at the Sorrel Horse Saturday 7 December 7.00 pm**

The list will go up on the wall in the pub on Saturday 2 November

When putting your name on the list you must pay £5 (no refundable deposit).

Menu choices will need to be done by Friday 29 November (no later).

## **Church Pastoral Letter**

I love to watch the birds in my garden whenever I have a few moments to slow down. I find identifying the common birds easy and am improving on recognising waders along the Deben. As this letter must get to the editor early I am writing on St Francis day in October, which seems appropriate as I refill the bird feeders. St Francis inspired us to treat with care and respect creation and all things living.

During November we take time to remember other saints and people that have inspired and encouraged us. It is a month with a different pace for our prayers.

We begin with All Saints Day on 1 st November a time of thanksgiving for all the faithful people in heaven who have strengthened our faith. It is always good to have a hero or heroine to remind us of the love and service we are called to as Christian disciples today. I wonder who you

might choose?

On 2nd November we have All Souls Day when we thank God for those who have shared our earthly life and have gone before us in faith. Many of us will be remembering with love members of our family and circle of friends who have meant so much to us and whom we miss but entrust to God's care.

These memories we carry with us to Remembrance Sunday where in our churches we remember the sacrifice of so many, lives given in World Wars for our freedom. We give thanks for all who died and renew our commitment to building peace. This year we shall be greatly challenged about how we can live and build peace in our world as we see so many places of conflict in daily the media.

In Chartres cathedral there are some amazing stained-glass windows and one includes a circle of saints and angels, surrounding Christ, pointing towards him together as they join in playing their musical instruments. They seem to convey that Christ is at the centre of all things and guides us to the harmony we both need and long for.

Speaking of harmony did you know that St Therese of Lisieux found an injured linnnet in her garden as a child and placed it safely in a cage with her pet canary. Over the following months, slowly the linnnet learned to

sing like the canary (not quite as loud and with some struggles)

Something which no one had thought possible.

Perhaps this month we can look for encouragement and inspiration and can change and grow to become more Christlike and like the saints follow him more closely in loving service and building harmony and peace.

The Ven Annette (retired priest.)

**Church service dates attached.**

## **What's on**

2 Nov St Elizabeth Hospice fundraised – 1 – 3pm Sutton Village Hall

5 Nov Craft Group – 7.30pm, Bawdsey Hall

7 Nov Coffee & Chat – 10.30am, Clare's , 1 Farmhouse Cottage, Bawdsey Manor

10 Nov Act of Remembrance – 9.30am, Bawdsey War Memorial

16 Nov Bawdsey Market – 2.00-4.00pm, Bawdsey Hall

19 Nov Craft Group – 7.30pm, Bawdsey Hall

23 Nov Sutton Christmas Market 10am-12.30 Lots of stalls

Raffle/Tombola/Refreshments

30 Nov Quiz Night Hollesley Village Hall 7 for 7.30 Tickets £10 Including Sausage & Chips (Veggie option available) to book call 01394 410021

Stay & Play: Big Bears children walking–4 years Baby Bears babies, non-mobile to crawling. Both Wednesdays 10.00-11.30am, Bawdsey School. Booking essential.

Boathouse Café closed

Suffolk Punch Trust open 1/2/3 November, 10.00am-4.00pm then closed  
 Marsh Barn Café RSPB Reserve, Hollesley 10.00am-2.00pm daily  
 Mobile Post Office every Thursday 11.30am-12.30pm, Alderton Village Hall  
 Yoga with Darren on Tuesdays 9.00-10.00am, £10 per session  
 Chair-based Exercise Class 10.30am, the Hall, ring Jane 411373

Suffolk Police [www.suffolkpolice.uk](http://www.suffolkpolice.uk) email [woodbridge.snt@suffolk.pnn.police.uk](mailto:woodbridge.snt@suffolk.pnn.police.uk)

**CHRISTMAS TEA PARTY** will be held in the Memorial Hall, Sutton on Monday 2 December, 1.45 for 2pm, there will be musical entertainment followed by the Christmas Afternoon Tea and finally a raffle. For catering purposes we do require people to book by Monday 25 November by phoning or emailing either Sue on 01394 411793 or [susancollins0911@gmail.com](mailto:susancollins0911@gmail.com) or Daphne on 01394 384659 or [daphnemeneat@hotmail.com](mailto:daphnemeneat@hotmail.com) Lifts to and from the hall can be arranged. Please mention if you require a lift when you book.

### CHRISTMAS FOOD BANK

We will be collecting for our usual Christmas Food Bank to be taken to the Salvation Army in Woodbridge around the week of the 16th December. Last year we managed to fill 7 boxes it would be nice if we could achieve the same this year. If you would like to donate please contact us on 01394/410331 or we can collect items, or you can deliver to Brook Cottage.

Thank you  
 Dawn & Ray



DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>

Staff training is important for our practice. On the following days, surgery sites are closed from 13:00 until the following day. The specified site is open for booking future appointments and accessing repeat prescriptions.

- Wednesday 13th November – Aldeburgh
- Wednesday 12th February 2025 – Alderton

All calls will be redirected to 111.

### Pharmacist appointments

When you contact our surgery, our highly trained staff triage your concerns to the most

appropriate clinician. This can be many of our staff, such as nurses, health care assistants, doctors, or one of our pharmacists.

Our pharmacists are trained to prescribe certain medications, treat seven specified ailments, and provide the care that patients expect. They train for 5 years to be able to treat minor illnesses and to become experts in medicines.

This enables GP appointments to be available for people with more complex health needs and ensures that everyone gets treated at the right time, by the right healthcare professional.

**We now request that patients/carers order what they need between 7-10 days before their prescription is due.**

**01394 411641**

**peninsula.practice@nhs.net**

**<https://www.thepeninsulapractice.co.uk>**