



Village Newsletter

March 2026 Issue 291

If you have any updates for the April newsletter, please send to me by the 26th March. Warm wishes, Natalie
Nataliebrett64@gmail.com

Defibrillator code C159 X, located at the back of Sorrel Horse pub.



Hamilton Blood Hounds, Sorrel Horse February 2026

Sorrel Horse what's on

Saturday 28^h February The Suffolk Harpist Lilianna 6-8pm

Mother's Day Breakfast Sunday 15th March 9-11am

Breakfast available every Sunday, 9-11am

Quiz night, Thursday 5th, 19th March.

Fish Friday 2 for £25

Take away menu available

Shares for the Sorrel Horse are available to buy please contact Natalie on nataliebrett64@gmail.com for further information.

MOBILE LIBRARY – use it or lose it.

The mobile library is available over the following dates outside the Sorrel Horse between **3 and 3.15pm, calling on Tuesdays every 4 weeks.** You can order, collect and return books here.

March 24th, April 21st, May 19th, June 16th, July 14th, August 11th, September 8th, October 6th, November 30th, December 1st and December 29th.

Parish Council

Next meeting, Tuesday 10 March, 7pm, Trust Hall.

This week we had a site visit to discuss next steps regarding the 20mph campaign with Councillor Andrew Reid and Charles Harrison, Community Liaison Engineer. We have confirmation that we meet the criteria and will be supported in going forward. We still have a long way to go but feel positive going forward.

*Lesley Roberts, Clerk to Shottisham Parish Council clerk@shottisham-pc.gov.uk
01394 410581*

FOOD BANK

CHRISTMAS /NEW YEAR FOOD BANK FROM THE VILLAGE
APOLOGIES FOR NOT CONFIRMING THIS BEFORE DUE TO ILLNESS.
WE MANAGED 9 BOXES FOR CHRISTMAS AND 2 LARGE BOXES FOR NEW YEAR

FOR WHICH THE SALVATION ARMY AT WOODBRIDGE WERE VERY GRATEFUL.

THANK YOU TO ALL OUR REGULAR CONTRIBUTORS AND ALSO ALL THOSE WHO CONTRIBUTED FOR THE SPECIAL OCCASION OF CHRISTMAS AND NEW YEAR, YOU KNOW WHO YOU ARE

Many thanks,

Dawn and Ray



WHAT'S ON?

7 Mar Bawdsey Haven Yacht Club Winter Talk 2 – 7.30pm, Bawdsey Hall

9 Mar Pawns on the Peninsula Chess Club – 6.00pm, Bawdsey Hall

10 Mar Craft Group – 7.30pm, Bawdsey Hall

14 Mar Community Breakfast – 9.00am-12.30pm, Hollesley Village Hall

21 Mar Bawdsey Market – 2.00-4.00pm, Bawdsey Hall

23 Mar Pawns on the Peninsula Chess Club – 6.00pm, Bawdsey Hall
24 Mar Craft Group - 7.30pm Bawdsey Village Hall

Marsh Barn Café RSPB Reserve, Hollesley 10.00am-2.00pm daily
Chair-based Exercise Class 10.30am, the Hall, ring Jane 411373
Suffolk Police www.suffolkpolice.uk email woodbridge.snt@suffolk.pnn.police.uk
Yoga with Darren Suspended until May

FISH & CHIPS HAVE RETURNED TO HOLLESLEY VILLAGE HALL RECREATION
GROUND ON FRIDAY'S BETWEEN 11.30AM-2PM
THEY HAVE AN EXTENSIVE MENU TO CHOOSE FROM THERE MAYBE A
CHANCE THAT THEY WILL DO AN EVENING BUT IT IS EARLY DAYS AND THEY
HAVE TO SEE HOW IT GOES.

WOODHALL MANOR

PLEASE BE AWARE THERE WILL BE FIREWORKS AT WOODHALL MANOR ON
12TH APRIL AT 10.30PM FOR APPROX. 6 MINUTES

Hollesley Gardening Club - Dates for 2026

We meet in Hollesley Village Hall @ 7.30pm

7:30pm Thursday 26th March Speaker: Tim Fuller – New, Rare & Unusual
perennials

7:30pm Thursday 30th April Speaker: Transition Woodbridge - Ponds
11am to 2pm Saturday 16th

May Event: Plant sale @ Village Hall 7:30pm **Thursday 28th May**

10.00am Thursday 18th May Speaker: Suffolk Prickles – Hedgehog friendly
gardening

June Visit: Old Vicarage Garden, Norfolk NR12 9HN 7:30pm Thursday 30th

July Speaker: Mike Abel – Soft Fruit

7:30pm Thursday 27th August Speaker: Stonham Barns - Owls

7:30pm Thursday 24th September Speaker: Stuart Philpot - Willow Weaving

7:30pm Thursday 29th October AGM Refreshments & raffle

November to February – Gardening Club winter break
Membership is £20.00 per year, or guests pay £5.00 on the night.
New members and guests are always welcome.

For more information contact Sue Barnes on 01394 411579

WI

During Shottisham WI's January members meeting we had a talk and slide show
entitled "Secret Lives of Swifts" from Simon Hooten.

It was an enlightening presentation and told us about their migration routes, how
they sleep " on the wing " and how they rely on insects for food. Their nesting places
are becoming inaccessible, and the birds' numbers are declining.

There are less Swifts in Shottisham than there used to be.

Simon put us in touch with Eddie Bathgate from the Suffolk Bird Group.

Eddie Bathgate email communications@suffolkbirdgroup.org.

Eddie came to visit us at the hall and has suggested that the front gable of the WI Trust Hall would be a suitable wall to attract Swifts and install boxes.

"Save Our Swifts" have very kindly donated, free of charge, 3 Swift boxes (the back of the boxes are also suitable for bats to roost in).

We will be putting these up in the spring to try and help increase the population of swifts in the village. The birds are with us from May to August.

If you wish to contact Eddie, he would like to try and increase the Swift population in Shottisham by installing even more boxes, especially where there is evidence of Swifts nesting nearby or birds just flying about prospecting for new nest spots. These could be the young of local existing Swifts looking for homes.

It may take several years for the birds to inhabit the nests, so it is a long-term project. It would be lovely to get our Swift numbers back to how they used to be. All the boxes are donated free of charge.

Eddie has been very successful with a similar project in Wickham Market where they are now also installing Swift bricks in new buildings.

Diane Fleming



**March 1st - Family Communion Service
9.30AM**

**March 8th - Family Service 11 AM
Followed by Lent Lunch**

**March 15th - Mothering Sunday
Family Service 11 AM**



Vicar's Voice

Gosh!!

Where has time gone!!!

It seemed only a couple of weeks ago it was Christmas and New Year.

Did you make any New Year Resolutions,
if so have you managed to keep them?

Here we are at the beginning of March,
in the season of Lent Looking at Easter at the beginning of April.
I've been trying to stop snacking between meals.
Needless to say, I've not been that good at it.
I do have a weakness for Snickers,
(Marathons as they used to be called) and American Hard Gums.
So, in the words of Borg on Star Trek Resistance is futile.
But I have found that if I truly want to,
I can avoid eating them.
Then I can achieve my Target.
The thing is I must truly want to succeed,
to achieve losing a bit of weight.
In Holy Week, the week before Easter
we follow the story of Christ's Journey to the Cross
where He Died for Us.
I think of how determined Christ must have been.
He could, at any time, give up his journey.
But He did not give in.
He knew that in order for us to truly to be forgiven,
He had to die for our sins.
What a Man!!
If he hadn't died Christianity would not exist.
I wonder what our World would be like?
Would society be a less caring world,
a world of greed, and selfishness?
Survival of the fittest?
Well, thankfully He did follow through with his mission.
With God at the Centre.
We all of us can make a difference to this World as well.
But to do that we must truly want to.
I ask myself this question.
Am I prepared to change my life for the better, that will help others?
In Baptism we ask the question:
Do you turn away from sin and do you reject evil?
The answer is:

With Gods Help I Will.
If we ask God to Help us,
we can all make a difference to our World and make it a better place.
Thanks for taking the time to read this.
Yours
Revd Captain Simon Cake.



The Peninsula Practice



You will **automatically** receive an appointment for your long-term condition much like the Hospital does, **by Email, NHS App, or letter.**

You will **automatically** receive an appointment for your long-term condition in a **timely and organised** way, **without** you having to remember to contact the Surgery to book it.

All necessary **blood tests** will be done before your reviews. Your actual review appointment will usually be a **telephone consultation** with a member of our nursing team, but if you prefer, you can request a face-to-face appointment at the Surgery.

From April 2026 onwards, appointments will be automatically **scheduled in the month of your birth.**

To ensure you are reviewed at the correct time, you may notice this change before April if your birth month falls within the early part of the rollout.

We are excited about this change and expect it to provide better care, reduce delays in long-term condition reviews and make the process efficient.

 01394 411641

 peninsula.practice@nhs.net

 <https://www.thepeninsulapractice.co.uk>